

Your menu

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

M
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I
N

Chicken burger
Beef burger
or
Vegetable burger
Served in a bun with fries
and a side of baked beans
and coleslaw

Chilli Con Carne
Beef Goulash
or
Vegetarian tacos
Served with rice and
vegetables.

Roast of the Day
or
Cheese and potato pie
Served with creamed
potatoes, vegetables,
and gravy

Chicken Rogan Josh
or
Quorn Rogan Josh
Served with rice,
vegetables, and naan

Battered fish
Pork sausage roll
or
Vegan sausage roll
Served with chips, peas,
and baked beans

Paninis
Cheese
Cheese & ham
Tuna melt

Tikka chicken wrap, panini,
rice or noodle bowl

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Sweet chilli chicken wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Roast of the Day in a roll
Piri-Piri chicken wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Teriyaki chicken wrap, panini
rice or noodle bowl

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Fish finger sandwich
BBQ Chicken Wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

G
R
A
B
&
G
O

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

Bacon Roll

Belgian Waffle

Buttered toast
Buttered Bagel

Fresh Fruit & Yoghurts

Bacon with cream cheese
bagel

Bacon Roll

Belgian Waffle

Buttered toast
Buttered crumpet

Fresh Fruit & Yoghurts

Cheese and bean toastie or
wrap

Bacon Roll

Belgian Waffle

Buttered toast
Buttered bagel

Fresh Fruit & Yoghurts

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

Bacon Roll

Belgian Waffle

Buttered toast
Buttered bagel

Fresh Fruit & Yoghurts

Curry folded naan

Bacon Roll

Belgian Waffle

Buttered toast
Croissant

Fresh Fruit & Yoghurts

B
R
E
A
K

All main and Grab &
Go menu options are
part of the meal deal

Vegan meals are available on request.

For information regarding allergens or any dietary requirement
please speak with your school.